

Celebrating 21 Years serving Calgary and Surrounding Areas

# Sandwiches 'N More Lunch & Catering Co. Ltd.

We are proud to make all of our food fresh to order daily!



[sandwiches@shaw.ca](mailto:sandwiches@shaw.ca)



[sandwichescatering.com](http://sandwichescatering.com)

*"We cater to Events both large and small, and will make yours a truly tasteful experience! Call to discuss your group's requirements and leave the rest to us. We will prepare the perfect menu for your occasion!"* Barb Wonnacott (Owner)

## FUN FACTS:

*Our smallest order has been 1 person,  
while our largest order was 2500 people for West Jet.*

**\*\* There is a One Hour delivery window for all orders \*\***

\* **Payment is due at the time of booking** (unless other arrangements are in place)\*

We kindly ask that you review all the details to ensure that the information is correct.

**\*Please read the last page for Terms and Conditions prior to ordering\***



COLD BEVERAGES:

<b>Assorted Pop</b> – 355mL cans	<b>\$3.00</b>
<b>Milk</b> - White or Chocolate – 500mL	<b>\$3.00</b>
<b>Bottled Water</b> - 500mL Nestle	<b>\$3.00</b>
<b>Chilled Juices</b> - Apple, Orange, Cranberry, and 5-Alive.	<b>\$3.00</b>
<b>V-8 Juice or Tomato Juice</b>	<b>\$3.00</b>
<b>Flavoured San Pellegrino</b> - 330mL cans / or <b>Perrier Water</b>	<b>\$3.00</b>

HOT BEVERAGES:

**\*\*Arrive in a carafe/ cambro to keep it hot & fresh\*\***  
**\*\*Disposable cups, lids, and stirsticks accompany the hot beverages\*\***

<b>Assorted Herbal Teas</b>	<b>\$2.75</b>
<ul style="list-style-type: none"> <li>Includes a carafe of hot water, and individual packages of assorted teas.</li> <li>Served with creamers on ice, and sugar/ sweetener.</li> </ul>	
<b>Brewed Tim Horton's Coffee</b> ( <i>Available in 5 cup denominations</i> )	<b>\$3.00</b>
<ul style="list-style-type: none"> <li>Served with creamers on ice, and sugar/ sweetener. <b>**DECAF is available**</b></li> </ul>	
<b>Hot Chocolate</b> ( <i>Available in 5 cup denominations</i> )	<b>\$3.25</b>
<ul style="list-style-type: none"> <li>Made with milk. Creamy and chocolatey! Complete with marshmallows on the side.</li> </ul>	

COLD BREAKFAST:

<b>Chilled Fruit Yogurt</b> ... served on ice.	<b>\$3.00 each</b>
<b>Chilled Greek Yogurt</b> ... served on ice.	<b>\$3.30 each</b>
<b>Whole Fruit</b> (Bananas, apples, oranges, pears, peaches, plums, strawberries, or grapes)	<b>\$3.75 per piece</b>
<b>Fresh Butter Croissants</b>	<b>\$5.00 each</b>
<ul style="list-style-type: none"> <li>Includes butter and an assortment of jams. Peanut Butter is available upon request.</li> </ul>	
<b>Freshly Baked Goods</b> (Assorted Breakfast Platter)	<b>\$6.00 (2 pieces)</b>
<ul style="list-style-type: none"> <li>An assortment of muffins, loaves, banana bread, fruit scones, cheese scones, danish, turnovers, cinnamon buns, granola bites with jam, coffee cake, and more.</li> </ul>	
<b>Hard Boiled Eggs</b>	<b>\$6.00 per plate</b>
<ul style="list-style-type: none"> <li>Three whole or sliced eggs served on spinach and garnished with cherry tomatoes</li> </ul>	
<b>Assorted Bagels</b>	<b>\$5.50 each</b>
<ul style="list-style-type: none"> <li>Includes plain &amp; flavoured cream cheese, and butter (<i>Toasters can be sent along</i>).</li> </ul>	
<b>Yogurt Parfaits with Berries and Granola</b> <i>*gluten-free Granola is available*</i>	<b>\$6.50 each</b>
<ul style="list-style-type: none"> <li>Individual cups of fruit yogurt and berries topped with granola.</li> </ul>	
<b>Continental Breakfast</b>	<b>\$15.25 per person</b>
<ul style="list-style-type: none"> <li>Assorted baked goods and pastries, fruit salad, two pieces of cheese, as well as a mini croissant drizzled with chocolate, and butter.</li> </ul>	

**HOT BREAKFAST:**

<b>Warm Cinnamon Buns</b>	<b>\$3.00 each</b>
<ul style="list-style-type: none"> <li>Soft and yummy!! Served right out of the oven with cream cheese icing on the side.</li> </ul>	
<b>Breakfast Sandwiches <i>**So Popular !!**</i></b>	<b>\$5.50 each</b>
<ul style="list-style-type: none"> <li>Choose from bacon, ham, or sausage to top the egg and cheese on a toasted english muffin. Served warm and individually wrapped. <i>(Vegetarian/ GF available).</i></li> <li><b>Prefer a BAGEL sandwich instead? (Topped with tomato).</b></li> <li>OR try our warm Ham and Cheese croissant. <i>(Option to add egg).</i></li> </ul>	<b>\$6.35 each</b> <b>\$6.25 each</b>
<b>Frittatas <i>(served warm in Individual tins topped with cheese)</i></b>	<b>\$6.50 each</b>
<ul style="list-style-type: none"> <li>Fluffy eggs baked with an assortment of fillings such as: mushrooms, ham, peppers, tomato, spinach, onion, cheddar, or feta. Salsa is served on the side.</li> </ul>	
<b>Breakfast Casserole</b>	<b>\$8.00 per person</b>
<ul style="list-style-type: none"> <li>All mixed together in one pan – fluffy eggs, hashbrowns, tomato, peppers, spinach, onion, and topped with cheese. <i>(Option to add ham).</i></li> <li>Salsa and ketchup are served on the side.</li> </ul>	
<b>Breakfast Burritos</b>	<b>\$8.50 per person</b>
<ul style="list-style-type: none"> <li>Fluffy eggs mixed with tomato, peppers, spinach, and onion <i>(Option to add ham).</i></li> <li>Tortillas are on the side with salsa, sour cream, grated cheese, and ketchup.</li> </ul>	

**HOT BREAKFAST BUFFETS:**

\*\* Includes maple syrup, butter, ketchup, and/ or salsa (depending on the Buffet).

<b><u>French Toast:</u></b>	<b>\$16.25 per person</b>
<ul style="list-style-type: none"> <li>Two pieces of French toast served with either two sausage links, three bacon strips, or two pieces of grilled ham with homestyle potatoes, or tater tots.</li> </ul>	
<b><u>Buttermilk Pancakes:</u></b>	<b>\$16.25 per person</b>
<ul style="list-style-type: none"> <li>Three Pancakes served with either two sausage links, three bacon strips, or two pieces of grilled ham, and homestyle potatoes, or tater tots.</li> </ul>	
<b><u>Scrambled Omelette:</u></b>	<b>\$16.25 per person</b>
<ul style="list-style-type: none"> <li>A fluffy scrambled omelette served with either two sausage links, three bacon strips, or two pieces of grilled ham, and homestyle potatoes, or tater tots.</li> </ul>	

**HOT BREAKFAST "ADD-ONS":**

***\*\*only available when added to other breakfasts\*\****

<b>"Meat Lovers"</b>	<b>\$1.95 per piece</b>
<ul style="list-style-type: none"> <li>Sausage Links, Bacon, or Grilled Ham.</li> </ul>	
<b>Assorted Breads with Spread <i>(Toasters are available upon request).</i></b>	<b>\$3.25 per slice</b>
<ul style="list-style-type: none"> <li>White, Brown, Multigrain, Sourdough, Marble, or Linseed Bread.</li> <li>Includes a variety of jams with butter. <i>Peanut butter is available upon request.</i></li> </ul>	
<b>Homemade Chunky Seasoned Homefries with Rosemary</b>	<b>\$4.00 per person</b>
<ul style="list-style-type: none"> <li>Served with ketchup on the side.</li> </ul>	
<b>Scrambled Eggs</b>	<b>\$5.00 per person</b>
<ul style="list-style-type: none"> <li>Light and Fluffy (3 eggs per person). Ketchup is served on the side.</li> </ul>	

FRUIT & VEGGIE PLATTERS

- Whole Fruit** *(seasonal fruit & pricing)* **\$3.50 per piece**
- Bananas, apples, oranges, pears, peaches, plums, strawberries, or grapes.
- Fruit Salad** *(seasonal fruit & pricing)* **\$5.00 per person**
- An assortment of diced cantaloupe, grapes, honeydew, kiwi, oranges, pineapple, strawberries, watermelon, and berries.
- Fresh Seasonal Fruit Skewers** *(seasonal fruit & pricing)* **\$8.00 each**
- Kebobs of watermelon, grapes, strawberries, pineapple, oranges, honeydew, blueberries, and cantaloupe.
- Fresh Fruit Platter** *(seasonal fruit & pricing)*
- An assortment of cantaloupe, grapes, honeydew, kiwi, oranges, pineapple, strawberries, watermelon, and berries.
  - Served with our light whipped fruit dip (Gluten-Free).
- \*\*Option to add an assortment of Cheese for an additional \$1.00 per thick slice.**
- Extra Small \$40.00**  
**Small \$55.00**  
**Medium \$85.00**  
**Large \$110.00**
- Fresh Crisp Vegetables**
- An assortment of broccoli, baby carrots, cauliflower, celery, cucumber, radish, bell peppers, cherry tomatoes, and zucchini.
  - Served with our homemade creamy dill dip on the side (Gluten-Free).
- Extra Small \$40.00**  
**Small \$55.00**  
**Medium \$85.00**  
**Large \$110.00**
- Individual cups, or plates of veggies with dill dip. **\$7.25 each**

CHARCUTERIE TRAY

**MADE TO ORDER:** “You let us know your budget, and we will create beautiful trays for you!”

- Items MAY include: prosciutto, salami, pepperoni, fruit, grapes & berries, olives, chocolates & nuts, assorted cheeses, cheese balls, veggies, pickles & pickled items, pretzels, chocolate croissants, and puff pastry.
- Served with spreads such as: grainy mustard, aioli, and pesto for your baguettes, mini toasts, and crackers.

“MEALS ON THE GO!”

**Individually Packaged Breakfast or Lunches** *(Bags/Boxes- Made to Order on your Budget)*  
**“Going on a road-trip, or require individual breakfast or lunch for a group?”**

Prices vary with  
Selection

\*\*Please inquire about our full selection of options to create your own custom bag\*\*

(Please Inquire)

- Some of the favourites include: sandwiches, pasta salad, fruit salad, whole fruit, cheese sticks, bag of chips, muffin, cookie, brownie, yogurt, pop, juice, or bottled water.

**\*Inquire about our Tea Sandwiches, and Kids Sandwiches\***

## SANDWICHES:

Our sandwiches and wraps are cut into 2-4 pieces and beautifully arranged on a platter.

**\*\* No need to worry about choosing your sandwiches... leave it to us 😊 \*\***  
**We will create a wonderful assortment of breads, fillings, and toppings**  
**that are guaranteed to please everyone!**

### FRESHLY BAKED GOURMET BREADS:

Croissants, Baguettes, Cheese Buns, Chiabatta, Filone, Sub Buns,  
 3/4" White and Brown Bread, 5/8" Linseed, Sourdough, and Marble Rye Bread,  
 Dinner Rolls (2=1), Kaisers, Focaccia, and Tortilla Wraps.

### FILLINGS:

Turkey Breast, Honey Ham, Blackforest Ham, Chicken Breast, Chicken Salad, Egg Salad, Salmon,  
 Montreal Smoked Meat, Pastrami, Corned Beef, Roast Beef, Salami, Tuna Salad, and Vegetarian.

### CHEESE:

Swiss, Mozzarella, Marble, Cheddar, and Cream Cheese.

### CONDIMENTS:

Mayo, Mustard, Honey Mustard, Grainy Mustard, Ranch, Caesar, Cream Cheese,  
 Pesto-Mayo, Cranberry-Mayo, and Aioli.

### TOPPINGS:

Lettuce, Tomatoes, Cucumbers, Onion, Green Peppers, Banana Peppers,  
 Sprouts, Dill Pickles, Dried Cranberries, and Sauerkraut.

### Assorted Fresh Specialty Sandwiches and Wraps

\*\*Gluten-Free is available upon request

1 sandwich per person \$9.00  
 1 ½ sandwich per person \$13.50

### Sandwiches made with ¾" and 5/8" Breads:

- Brown, White, Sourdough, Linseed, Marble Rye

1 sandwich per person \$8.50  
 1 ½ sandwiches per person \$12.75

### Lettuce Wraps (Gluten-Free) "A sandwich without the bread – rolled in rice paper"

\$8.75 each

## CREATE YOUR OWN SANDWICH:

### Cold Cut Platter:

-Everything you need to build your own custom sandwich

1 sandwich per person \$12.00  
 1 ½ sandwich per person \$18.00

- An attractive array of turkey breast, ham, roast beef, Montreal smoked meat, salami, assorted cheese, scoops of tuna, egg salad, and chicken salad. A basket of croissants, kaisers, bread, and wraps are sent along. Includes mayo, mustard, pesto-mayo, aioli, butter, lettuce, tomatoes, cucumbers, peppers, onions, pickles, and more.

### Deluxe Cold Cut Platter:

- The Cold Cut Platter (as above) ... with the addition of:  
 carrots, celery, radish, our creamy dill dip, as well as an assortment of pickles, and pickled items.

**Add \$6.00 per person**  
**to the above pricing**

**Additional "COLD" Wraps, Subs, and Kaisers:**  
**\*\*Option to send HOT as "Create Your Own Sandwich"**

**\*\*There is an 8 person minimum per item\*\***

**\$9.50 each**

**Chicken Caesar Wraps:**

- Cajun Chicken, bacon, romaine lettuce, mozza, and parmesan.
- Caesar dressing is served on the side for dipping.

**Chicken Souvlaki Wraps:**

- Souvlaki Chicken with tomato, cucumber, onion, feta, and lettuce.
- Tzatziki sauce is served on the side for dipping.

**Crispy Chicken Wraps:**

- SPICY Breaded Buffalo Chicken, with cream cheese, mayo, mozza, lettuce, and tomato.
- Ranch dressing is served on the side for dipping.

**Donair Subs OR Wraps:**

- Donair meat with lettuce, tomato, onion, and mozza.
- Sweet Donair sauce is served on the side for dipping.

**BBQ Beef, OR Pulled Pork Sandwiches:** *\*\*Premade are served COLD\*\**

- Made on an assortment of Kaisers, Sub Buns, Filone, Chiabatta, or Dinner Rolls.
- Topped with cheese, tomato, and onion.

**Grilled Chicken Breast on Kaisers, Sub Buns, or Chiabatta:**

- Grilled Chicken breasts topped with cheese, tomato, onion, and lettuce with Mayo or Aioli.

**Salad Rolls:** (3 salad rolls each) *\*\*Minimum order of 8 (=24)\*\** **(NOT Gluten-Free)**

**\$12.50**

- Chicken, Shrimp, or Vegetarian with Noodles Wrapped in Rice Paper.
- Served with Thai Chili Sauce, or Peanut Sauce on the side.

**Try our NEW delicious twist on a Deli Sandwich.**  
**Can't decide? Let us make you an assortment!!**

*\*\*Grilled on focaccia, linseed bread, filone, marble rye, sub buns, or chiabatta\*\**

- Served either Hot or Cold – with ketchup, aioli, sour cream, marinara sauce, or salsa (on the side)

**GRILLED SANDWICHES:**

**\$10.00 each**

**Reuben:** Corned Beef with sauerkraut, and Swiss cheese.

**Grilled Cheese:** Ham & Cheddar with the option to add tomato.

**Tuna Melt:** Tuna and cheese, with pickles, or tomato.

**Bacon Turkey:** Bacon and Turkey with tomato, and cheese.

**Tandoori Chicken:** Chicken, tomato, green pepper, onion, and cheese in a spicy sauce.

**Chicken Cordon Blue:** Cajun Chicken, Ham and Swiss cheese.

**Chicken "Quesadillas":** Chicken breast, tomato, green pepper, onion, and cheese.

**Vegetarian:** Zucchini, tomato, green pepper, onion, and cheese.

**COLD SIDES & APPETIZERS:**

<b>Potato Chips</b> (individual bags)	<b>\$2.75 per bag</b>
<b>Tortilla Chips and Dip</b>	<b>\$9.00 per person</b>
<ul style="list-style-type: none"> <li>• Refried beans served with salsa and sour cream are perfect for dipping your tortilla chips and naan bread.</li> </ul>	
<b>Cheese and Cracker Platter</b> <i>*Gluten-free crackers are available upon request*</i>	<b>\$19.80 per dozen</b>
<ul style="list-style-type: none"> <li>• Assorted crackers are served with thick slices of cheddar, swiss, marble, mozza, and specialty cheeses such as: monterey jack, Babybell, havarti, and jalepeno jack. Garnished with cherry tomato and parsely <b>**Inquire if you would like a cheese ball**</b></li> </ul>	
<b>Pinwheel Tortilla Rolls</b>	<b>\$21.00 per dozen</b>
<ul style="list-style-type: none"> <li>• “Two-bite” cream cheese tortilla rolls with assorted fillings of ham, turkey, roast beef, or pastrami with lettuce, tomato, cucumber, and cheese.</li> </ul>	
<b>Taco Pinwheel Tortilla Rolls</b>	<b>\$24.00 per dozen</b>
<ul style="list-style-type: none"> <li>• “Two-bite” Mexican cream cheese tortilla rolls with a mixture of ground beef, and chopped tomato, green pepper, onion, and cheddar.</li> </ul>	
<b>Devilled Eggs</b>	<b>\$24.00 per dozen</b>
<ul style="list-style-type: none"> <li>• So tasty!! Garnished with cherry tomatoes and parsley.</li> </ul>	
<b>Homemade Brushetta</b>	<b>\$28.00 per dozen</b>
<ul style="list-style-type: none"> <li>• Served with sliced baguette, linseed bread, crackers, or mini bruschetta toast.</li> </ul>	
<b>Rolled Meat and Cheese Tray with Crackers</b>	<b>\$35.00 per dozen</b>
<ul style="list-style-type: none"> <li>• Fanned meat - turkey, ham, pastrami, roast beef, and salami are aside cubes of cheese - cheddar, marble, mozza, and specialty cheese. Assorted crackers on the side. Garnished with cherry tomatoes and parsley.</li> </ul>	
<b>Spinach Dip</b>	<b>\$35.00 each</b>
<ul style="list-style-type: none"> <li>• Served in a bowl with an assortment of breads, sliced baguette, and crackers for dipping.</li> </ul>	
<b>Prawns</b>	<b>Market Price per dozen</b> <i>(Please Inquire)</i>
<ul style="list-style-type: none"> <li>• Large Prawns served on a bed of lettuce (on ice) with Cocktail Sauce.</li> </ul>	
<b>Hummus Dip with Bread and Veggies</b>	<b>\$45.00 per dozen</b>
<ul style="list-style-type: none"> <li>• Our homemade Garlic Dip is served with two Naan Bread, one Carrot, and one Celery for dipping.</li> </ul>	
<b>Layered Taco Dip</b>	<b>Extra Small \$40.00</b> <b>Small \$55.00</b> <b>Medium \$85.00</b> <b>Large \$110.00</b>
<ul style="list-style-type: none"> <li>• Our layered cream cheese and salsa base is topped with diced tomatoes, green onion, bell peppers, and grated cheese. Served with nacho chips.</li> </ul>	
<b>Layered Seafood Dip</b>	<b>Extra Small \$45.00</b> <b>Small \$65.00</b> <b>Medium \$95.00</b> <b>Large \$120.00</b>
<ul style="list-style-type: none"> <li>• Cream cheese, seafood sauce, pollock, shrimp, diced tomatoes, green onion, bell peppers, and grated cheese are complimented with nacho chips.</li> </ul>	
<b>Relish Platter</b>	<b>Extra Small \$55.00</b> <b>Small \$75.00</b> <b>Medium \$100.00</b> <b>Large \$140.00</b>
<ul style="list-style-type: none"> <li>• Sausage, Pepperoni, Salami, and an assortment of Pickles/ Pickled Items.</li> <li>• The perfect side to your sandwiches, or serve it as an appetizer.</li> </ul>	



**COLD SIDES & APPETIZERS:**

- Mini Quiche** **\$3.50 each**
- Assorted fillings topped with feta or marble cheese, and parsley.
  - Options include: ham, bacon, onion, peppers, spinach, tomato, mushrooms.
- Sliders** "Create your Own". **(The meat is served hot)** **\$7.00 each**
- Choose from Mini Burgers, Pulled Pork, Pulled Chicken, or BBQ Beef.
  - Accompanied by Sliced dinner rolls, BBQ sauce, mustard, relish, onion, tomatoes, and cheese *(based on the meat selection)*.
- Sweet and Sour Meatballs** **\$24.00 per dozen**
- Our tangy meatballs are mixed with chunks of pineapple, and bell peppers.
- Spring Rolls** **\$30.00 per dozen**
- Includes Plum sauce on the side for dipping.
- Stuffed Mushrooms** **\$33.00 per dozen**
- So delicious that you can't stop at one!! Topped with grated cheese.
- Warm Cranberry Brie** **\$33.00 each**
- Served warm with an assortment of breads, sliced baguette, and crackers for dipping. *\*Gluten-free available upon request\**
- Artichoke Dip** **\$33.00 each**
- Served in a Breadbowl with an assortment of breads, sliced baguette, and crackers for dipping.
- Layered Pizza Dip** **Extra Small \$35.00**
- Layers of seasoned cream cheese, pizza sauce, diced tomatoes, green onion, bell peppers, olives, sausage, ham, and grated mozzarella. **Small \$50.00**
  - Complimented with naan bread, cheese sticks, and baguette crackers. **Medium \$75.00**
- Large \$90.00**

**SOUP, CHILI, and STEW:**

**Add a Dinner Roll with butter for \$1.75 (to the Soup).**

**Or choose our warm Cornbread, or Garlic/Cheese Scones with garlic butter for \$2.50.**

- Hot Steaming Soup-** Served with crackers **\$5.00 per person**
- Choose From: Chicken Noodle, French Onion, Minestrone, Wonton, Cream of Broccoli, Taco Soup, Italian Wedding, Chicken with Wild Rice, Vegetable Beef Barley, Tomato Bisque, Chicken Gumbo, Tomato Tortellini with Spinach, Potato Bacon, Wild Mushroom, or Taco Soup.
- Chili:** **(Beef or Vegetarian)-** Served with a Dinner Roll and Butter **\$10.00 per person**
- Ground beef spiced to perfection with kidney, black & brown beans, tomatoes, and veggies.
  - Grated cheese is served on the side, and it is accompanied by a Dinner Roll with butter.
- Stew:** **(Beef, Chicken, or Vegetarian)-** Served with a Dinner Roll and Butter **\$12.50 per person**
- Tender chunks of meat mixed with potatoes, onion, green beans, carrots, peas, and corn.
  - Accompanied by a Dinner Roll with butter

SALADS:

**\*\*Our Salads are served Family Style in a bowl for sharing\*\*.**

*\*Option to add diced chicken\**

**Individual MEAL Salads are \$13.50. Add protein to your Meal Salad = \$16.50.**

**\*\*There is an 8 person minimum per choice of salad\*\***

**\$5.00 per person**

*-Inquire which Salads can be made Vegetarian, Gluten-Free, Dairy-Free, etc,*

**Coleslaw Salad:**

- A crisp mixture of chunky cabbage with carrots, red pepper, and green onion tossed in our creamy dressing.

**Caesar Salad:**

- Romaine tossed with our homemade garlic croutons, bacon bits, mozzarella, and parmesan cheese.

**Cucumber Dill Pasta Salad:**

- Bowtie Pasta and diced veggies are tossed in a light cucumber dill dressing.

**Quinoa Salad:**

- Quinoa is mixed with cherry tomatoes, cucumber, chickpea, black beans, sweet pickled onion, bell peppers, corn, and purple onion with a nice light dressing.

**House Salad:**

- Mixed greens, cherry tomatoes, cucumber, celery, purple cabbage, purple onion, and croutons.
- Vinaigrette dressing is served on the side.

**Marinated Vegetables:**

- A crunchy and colourful blend of veggies and onion marinated in an oregano vinaigrette.

**Tuna Pasta Salad:**

- Tuna mixed with pasta shells, peas, carrots, celery, and a hint of onion in a creamy sauce.

**Mexican Bean Salad:**

- A medley of assorted beans, chickpeas, pickled onion, corn, cherry tomatoes, cucumber, and feta mixed with a light oil and vinegar dressing.

**Potato Salad:**

- A creamy mixture of diced potatoes, carrots, celery, green onion, bacon, dill, and spices.

**Layered Salad:**

- Iceberg & romaine lettuce, celery, red pepper, peas, purple onion, bacon bits, hard-boiled egg, and grated cheese. Served with a creamy dressing on the side.

**Garden Salad:**

- Mixed greens with lots of veggies, and topped with grated cheese, and sliced egg. Assorted dressings are served on the side.

**Greek Pasta Salad, or Greek Salad on a bed of Romaine:**

- Pasta or romaine lettuce mixed with black olives, feta cheese, tomatoes, cucumbers, bell peppers, broccoli, and purple onion. Tossed in our spicy oregano dressing.

SALADS (continued):**Greek Salad:**

- Black olives, feta cheese, tomatoes, cucumbers, bell peppers, broccoli florets, and purple onion are tossed in our spicy oregano dressing.

**Thai Mango Salad:**

- Mixed greens, pickled carrot, red pepper, green onion, rice noodles, purple cabbage, mango, and toasted sesame seeds. Raspberry vinaigrette is served on the side.

**Spring Salad:**

- Mixed greens, mandarin oranges, strawberries, blueberries (seasonal), feta, dried cranberries, diced chicken, and sliced almonds mixed together.
- Raspberry Dressing, and Poppyseed dressing are served on the side.

**Tomato and Cucumber Salad:**

- Chunks of cucumber, and green & coloured pepper are mixed with cherry tomatoes, chickpeas, and a hint of purple onion. Tossed in a light vinaigrette dressing.

**Spinach Salad:**

- Cherry tomatoes, cucumbers, and purple onion are mixed with spinach leaves, romaine lettuce, feta cheese, sliced almonds, mushrooms, dried cranberries, and topped with hard-boiled eggs.
- Spicy Vinaigrette, and Poppyseed dressing are served on the side.

**Broccoli Salad:**

- Broccoli, feta, dried cranberries, purple onion, sliced almonds, and sunflower seeds are tossed in our light yogurt dressing.

**Taco Salad:****\$6.00 per person**

- Iceberg & romaine lettuce, diced tomatoes, green pepper, black beans, corn, and strips of purple onion are mixed with grated cheese, and spiced taco meat.
- Served with salsa, ranch dressing, and taco chips on the side.

**Cobb Salad: \*\*Only available as Meal-Sized Salads\*\*****\$18.00 each**

- Mixed greens, diced chicken, crisp bacon, hard-boiled eggs, tomatoes, cucumber, carrots, celery, broccoli, corn, black beans, purple onion, and feta cheese.
- Assorted dressings are served on the side.

FEEL LIKE MEXICAN?**Spanish Rice accompanies the meals.** \*Guacamole is available for an additional fee.**Create your own Mexican Fiesta \*2 per person\* (Vegetarian)****\$15.00 per person**

- Warm refried beans are served with soft tortillas. Taco chips, salsa, sour cream, green onion, black olives, diced tomatoes, and grated cheese are served on the side.

**Beef or Chicken Tacos \*2 per person\*****\$15.50 per person**

- Includes hard shells and/or soft tortillas with perfectly spiced meat and onion.
- Shredded lettuce, diced tomatoes, salsa, sour cream, and grated cheese are served on the side.

**Create your own Chicken OR Beef Fajitas \*2 per person\*****\$15.50 per person**

- Grilled chicken or Beef are mixed with sautéed bell peppers and onions.
- Soft tortillas, sour cream, salsa, diced tomatoes, and grated cheese are served on the side.

## BAKED CHICKEN BREASTS MADE YOUR WAY:

**\*\*Chicken Meals Require a Minimum of 8 Servings\*\***

- Chicken Meals include: your meat, choice of potato or rice, and choice of vegetables.
- Dinner rolls, or naan bread with butter is also included.

### Chicken Options:      \*\* \$16.75 per person

Butter Chicken/ or Spicy Curry Bites      BBQ Glazed Chicken Thighs

Cranberry Chicken      Honey Mustard Chicken

Maple Chicken      Tarragon Mushroom Chicken

“Go Light”: Lightly spiced Grilled Chicken Breasts served with wild rice, fresh fruit salsa on the side, and a House salad *(Vegetables are available for an additional fee).*

**\*\*NEW\*\*** Pesto Brushetta Chicken – topped with mozza      \*\* \$17.25

“Go Greek”: Chicken Souvlaki, tzatziki, potato/ rice, veggies, naan bread, butter      \*\* \$18.00

Chicken Cordon Blue (coated with Panko) - with Marinara Sauce on the side      \*\* \$18.00

### Steamed or Grilled Vegetable Options:

Corn with Red Pepper, Green Beans with Red Pepper, Cauliflower, Broccoli  
Glazed Baby Carrots, Grilled Zucchini with Parmesan, Peas,  
Vegetable Medley, or a Corn/Pea/Carrot/Bean mixture

### Potato/ Rice Options:

Your choice of: Rice or Potato (garlic mashed, roasted, or scalloped with cheese)  
... baked potato- with all the toppings on the side (add \$2.00 per person)

### Bread and Butter:

Accompanied by Dinner Rolls, Brioche Buns, Assorted Breads, or Naan (depending on the meal).

## VEGETARIAN HOT ENTREES INCLUDE:

*(Have another idea?? Just let us know!!)*

Stuffed Bell Peppers  
Tikka Masala with Wild Rice & Veggie Medley  
Coconut Cabbage with Chickpeas  
Beyond Meat Burgers, Chicken, or Sausage  
Tacos, Fajitas, or Mexican Fiesta  
Chowmein, or Vietnamese Noodles  
Eggplant Parmesan with Marinara Sauce

Tofu Curry  
Soup, Stew, or Chili  
Salad  
Stirfry with Rice  
Sandwiches and Wraps  
Vegetarian Pasta

## CRAVING ITALIAN? - HOT PASTA LUNCHES:

**\*\*Our meals have Vegetarian, and Gluten-Free options. Please inquire\*\***

**All Pastas are accompanied with a Dinner Roll and butter.**

Tired of Dinner Rolls? Upgrade to a Warm Bread option for \$2.00

Choose from: Flaky Crescent Rolls with butter  
Cornbread Muffins with garlic butter  
Garlic & Cheese Scones with butter  
Garlic Bread with Parmesan Cheese

**\*\* All Pastas Require a Minimum of 8 Servings per Selection \*\***

<b>Mac' N Cheese</b> <i>*Vegetarian, or the option for Bacon Mac &amp; Cheese*</i>	<b>\$16.00 per person</b>
<ul style="list-style-type: none"> <li>• We add in coloured bell peppers, tomato, a hint of onion, and top with homemade garlic croutons.</li> </ul>	
<b>Beef Stroganoff</b>	<b>\$16.00 per person</b>
<ul style="list-style-type: none"> <li>• Ground beef, mushrooms, broccoli, and onion are mixed with linguine noodles, and our creamy mushroom alfredo sauce.</li> </ul>	
<b>Bowtie Sausage Pasta</b>	<b>\$16.00 per person</b>
<ul style="list-style-type: none"> <li>• Chunks of Italian sausage, onion, zucchini, and mushrooms are mixed with our tomato basil sauce and bowtie pasta.</li> </ul>	
<b>Spaghetti</b>	<b>\$16.00 per person</b>
<ul style="list-style-type: none"> <li>• Choose from our homestyle meat sauce with mushrooms, zucchini, onion, and parmesan, OR choose our marinara sauce with meatballs and grated cheese.</li> </ul>	
<b>Three-Cheese Spinach Cannelloni</b> <i>*Vegetarian*</i>	<b>\$16.00 per person</b>
<ul style="list-style-type: none"> <li>• Try our spinach and cheese cannelloni in marinara sauce.</li> </ul>	
<b>Penne Pasta</b>	<b>\$16.00 per person</b>
<ul style="list-style-type: none"> <li>• Penne pasta with your choice of Chicken, Beef, or Shrimp mixed with zucchini, mushrooms, celery, onion, and tomato in our marinara sauce.</li> </ul>	
<b>Chicken and Bacon Carbonara</b>	<b>\$16.00 per person</b>
<ul style="list-style-type: none"> <li>• Linguine, or bowtie pasta, chicken, bacon, onion, garlic, and Parm tossed in our tasty sauce.</li> </ul>	
<b>Bowtie Pesto Pasta</b>	<b>\$16.00 per person</b>
<ul style="list-style-type: none"> <li>• Choose from Chicken, Beef, or Shrimp to add to the Bowtie pasta, cherry tomatoes, onion, and parmesan cheese that is mixed with a basil pesto sauce.</li> </ul>	
<b>Alfredo Pasta</b>	<b>\$17.00 per person</b>
<ul style="list-style-type: none"> <li>• Cajun chicken OR Cajun shrimp mixed with penne pasta, spinach, broccoli, and onion. Tossed in our creamy alfredo sauce with parmesan.</li> </ul>	
<b>Lasagne</b> <b>**One of the Customer Favourites !!**</b>	<b>\$17.00 per person</b>
<ul style="list-style-type: none"> <li>• Beef, or Vegetarian, and very cheesy. Served with warm Garlic Bread with parmesan.</li> </ul>	
<b>Jambalaya</b>	<b>\$17.00 per person</b>
<ul style="list-style-type: none"> <li>• Choose from penne pasta or rice to mix with our spicy sausage, chicken, ham, okra, and veggies. It has a bit of a Cajun kick!!</li> </ul>	

### CRAVING BBQ?

#### All-Beef Hotdogs or Smokies

- Grated cheese, tomato, onion, dill pickles, sauerkraut, mustard, relish, ketchup, and BBQ sauce are all sent on the side

**\$8.50 each**

**Add Chili (on the side)** for an additional \$1.50 per person.

**Add French Fries** for an additional \$3.00 per person.

#### Cheeseburgers

- Enjoy your 6oz seasoned burger on assorted Kaisers, and chibatta.
- Dress your burger with cheese, tomato, onion, lettuce, pickles, banana peppers, mustard, relish, ketchup, or BBQ sauce **\*\*all sent on the side\*\***

**\$11.25 each**

**Add Bacon** for an additional \$1.25 per person.

**Add French Fries** for an additional \$3.00 per person.

#### BBQ Beef, or Pulled Pork Meal ("Build it Yourself").

- Includes kaisers, sliced dinner rolls, and filone, as well as sliced tomatoes, cheese, onion.
- Accompanied by baked beans, potato salad, and coleslaw.

**\$18.00  
per person**

#### BBQ Pork Back Ribs, or Honey Garlic Pork Back Ribs

- Six tender BBQ Ribs, creamy garlic mashed potatoes, and your choice of vegetable.  
**\*\*Option to increase the number of Ribs\*\***

**\$23.00  
per person**

**\*\*Hot Entrees Require a Minimum of 8 Servings\*\***

#### Perogy & Sausage Casserole

- Perogies, Spicy Italian Sausage, mushrooms, bell peppers, and onion all mixed together.
- Sour Cream is served on the side.
- Includes a Dinner Roll with butter.

**\$16.00 per person**

#### Meatball Medley

- Lightly coated Sweet & Sour Meatballs with bell peppers, and pineapple.
- Served with rice, a corn, pea, carrot, and bean medley, and a Dinner Roll with Butter.

**\$16.00 per person**

#### Good Ol' Fashioned Meatloaf

- Our meatloaf is topped with our tangy salsa sauce.
- Served with your choice of potatoes or rice, choice of vegetables, and a Dinner Roll with Butter.

**\$16.00 per person**

#### Vermicelli Noodle Dishes (**Beef, Chicken, Shrimp, or Vegetarian**)

- Rice noodles mixed with pickled carrots, cilantro, bean sprouts, green onion, mushrooms, strips of red pepper, and chopped peanuts (*optional*). Shredded lettuce and cucumber are on the side.
- Served with Vegetarian Spring Rolls.
- Fish sauce, Hoisin sauce, or Thai Chili are served on the side.

**\$16.25 per person**

HOT ENTREES (continued):

- Go Ukrainian *\*\*One of the customer favourites !!\*\**** **\$16.25 per person**
- Cabbage Rolls, spicy Garlic Sausage, and Perogies with fried white onion.
  - Bacon bits, sour cream, and mustard are served on the side.
- Shepherd's Pie** **\$16.25 per person**
- Perfectly spiced ground beef is mixed with peas, corn, diced carrots, green beans, and onion.
  - Topped with garlic mashed potatoes, and marble cheese.
  - Served with a Dinner Roll and Butter.
- Stirfry with Rice (Beef, Chicken, Shrimp, or Vegetarian)** **\$16.25 per person**
- Your choice of meat and veggies are mixed with your choice of Teriyaki, Sweet and Sour, or Oyster sauce.
  - Served with Rice, and a Dinner Roll and Butter.
- Chow Mein (Beef, Chicken, Shrimp, or Vegetarian)** **\$16.25 per person**
- Chow Mein noodles are mixed with your choice of meat, and diced vegetables in a flavourful sauce.  
Topped with roasted sesame seeds.
  - Soya sauce and Hot sauce are served on the side, as well as a Dinner Roll with Butter.
- Chinese Meal** **\$16.25 per person**
- Enjoy Gingerbeef, Sweet & Sour Pork, Chicken Fried Rice, and Spring Rolls.
  - Plum Sauce, and Soya Sauce are served on the side.
  - **Add Wonton Soup for an additional \$5.00 per person.**
- Ham with Pineapple Sauce** **\$17.00 per person**
- Grilled Ham served with scalloped potatoes with cheese, and baked beans with bacon.  
(*different sides are available upon request*).
  - Served with a Dinner Roll and Butter.
- Pork Loin Roast** **\$17.50 per person**
- Choose from: Apple Rosemary, or Tarragon Mushroom.
  - Served with your choice of potatoes or rice, vegetables, and a Dinner Roll with butter.
- Grilled Salmon Fillets** **\$20.00 per person**
- Choose from: Maple Pecan Salmon, or Salmon with a Lemon Dill Cream Sauce.
  - Served with your choice of potatoes or rice, vegetables, and a Dinner Roll with Butter.
- Roast Beef Dinner (*choose thinly sliced, or thick*)** **\$26.00 per person**
- Includes Horseradish, and Gravy.
  - Served with your choice of potatoes or rice, vegetables, and a House Salad with dressing.
  - Accompanied by Yorkshire Pudding, or a Dinner Roll with butter.
- Turkey Dinner "with all the fixins'!"** **\$31.50 per person**
- This Festive Meal includes creamy garlic mashed potatoes, our amazing gravy, our raved about homemade stuffing, choice of vegetable, House Salad with dressing, and cranberry sauce.
  - Accompanied by Crescent rolls with butter, or Dinner Rolls and Biroche with butter.
  - Don't forget to add on one of our amazing homemade pies ☺

DESSERT TIME!!

<b>Large Fruit-Filled Tarts</b>	<b>\$4.50 each</b>
<ul style="list-style-type: none"> <li>• Each fruit-filled tart is decorated with fruit, coconut, chocolate chips, or whipped cream.</li> </ul>	
<b>Specialty Squares</b>	<b>\$5.60 (2 pieces)</b>
<ul style="list-style-type: none"> <li>• An assortment of Baklava, Butterscotch Bars, Carrot Cake, Caramel Squares, Date Squares, Fudge Brownies, Lemon Bars, Nanaimo Bars, Triple Chocolate Fudge Cake, Mini Cupcakes, Triple Berry Crumble, and Mini Jello Cups with Whipped Cream.</li> </ul>	
<b>Dessert Squares</b>	<b>\$5.60 (2 pieces)</b>
<ul style="list-style-type: none"> <li>• An assortment of Rice Krispie Squares, Peanut Butter Marshmallow Squares, Puffed Wheat Squares and Peanut Butter Chocolate Crunch.</li> </ul>	
<b>Fresh Baked Small Cookies</b>	<b>\$5.60 (2 pieces)</b>
<ul style="list-style-type: none"> <li>• Oatmeal raisin, oatmeal chocolate chip, chocolate chunk, shortbread almond, smartie, fudge brownie, chocolate pecan, peanut butter, macadamia nut, macaroons, and gingersnap.</li> </ul>	
<b>Dessert Breads</b>	<b>\$6.00 (2 pieces)</b>
<ul style="list-style-type: none"> <li>• May include: chocolate zucchini, banana chocolate, cinnamon walnut, carrot cake, pineapple coconut, lemon cranberry, maple walnut, and lemon poppyseed.</li> </ul>	
<b>Assorted Dessert Platter</b>	<b>\$6.00 (2 pieces)</b>
<ul style="list-style-type: none"> <li>• An assortment that is sure to please everyone!</li> </ul>	
<b>The "Old Favourites" <i>**Minimum order of 8**</i></b>	<b>\$6.00 each</b>
<ul style="list-style-type: none"> <li>• Parfait cups of Jello, Chocolate, Butterscotch, or Vanilla pudding and whipped cream</li> </ul>	
<b>Apple Crisp <i>**Minimum order of 8**</i></b>	<b>\$7.00 per person</b>
<ul style="list-style-type: none"> <li>• Baked apples and cinnamon are topped with a crisp streusel topping, and served with whipped topping on the side.</li> </ul>	
<b>Mississippi Mud Pie <i>**Minimum order of 8**</i></b>	<b>\$7.50 per person</b>
<ul style="list-style-type: none"> <li>• Shortbread with light and creamy chocolate layers that melt in your mouth!!</li> </ul>	
<b>Cherry Cheesecake <i>**Minimum order of 8**</i></b>	<b>\$7.50 per person</b>
<ul style="list-style-type: none"> <li>• Our homemade cheesecake is very creamy - topped with cherry pie filling.</li> </ul>	
<b>Angel Food Cake <i>**Minimum order of 6**</i></b>	<b>\$7.50 per person</b>
<ul style="list-style-type: none"> <li>• Served with mixed berries and whipped cream on the side.</li> </ul>	
<b>Skewered Brownies and Strawberries <i>**seasonal**</i></b>	<b>\$9.00 per person</b>
<ul style="list-style-type: none"> <li>• For your chocolate fix!! Whipped cream is served on the side</li> </ul>	
<b>Homemade Pie (serves 6-8 people)</b>	<b>\$18.00 per pie</b>
<ul style="list-style-type: none"> <li>• Our favourites are: lemon meringue, pumpkin, apple, and cherry. What's yours?</li> </ul>	



## **TERMS & CONDITIONS:**

### **Payment and Deposits:**

- **All New Clients require a 50% deposit upon booking.**
- **All orders over \$500 require a 50% deposit upon booking** (unless other terms have been set up).
- Payment is due **UPON BOOKING** (unless other terms have been set up).
- We accept: email transfer, direct deposit, VISA, MasterCard, EFT, cheque, and cash.
- Credit card information must be called or emailed in **THE DAY BEFORE YOUR DELIVERY.**
- All orders are subject to 5% GST.
- **Interest charges will occur after 15 days.**

### **Order Confirmation & Cancellation:**

- All orders MUST be confirmed to ensure fulfillment. If you have placed an order with us and have not received confirmation by the end of the day, please check back to ensure your order has been processed.
- Quotes are valid for 30 days.
- Cancellations that are received with less than 12 hours notice may be subject to a cancellation charge ....but we will definitely help you out the best we can!!

### **Equipment:**

- Rental fees for crock pots/ chaffing dishes, serving utensils, coffee urns, toasters, etc. start at \$5.00.
- There is a fee of \$18.00 and up for pick up of the equipment **the following business day.**  
\*\*If we are delivering again the following day, then the pick up fee is \$3.00 for the driver to return the equipment back to the kitchen\*\*
- *Let us know if you need pick up the same day, and we will do our best to make arrangements (based upon availability of drivers)*
- **\*Any misplaced items will be charged back to the client\***

### Additional Fees:

- Orders are subject to 5% GST
- Disposables are available at an additional cost per person:
  - \$0.40 - paper plates, napkins, and plastic utensils
  - \$0.75 - paper plates, napkins, individually packaged plastic utensils
  - \$2.00 - disposable serving forks, and disposable tongs (per required number needed)
- Delivery
  - \*\*Prices may vary due to: the date and time of delivery, the party size, as well as location\*\***
- Equipment Rentals and Pick Ups (for Hot Meals, and Hot Beverages)
- Special Dietary Requirements.
- Misplaced/ Lost items

### Weekend Catering:

- Weekend orders are subject to demand, and availability.
- A minimum order is required to fulfill the order.
- Additional notice is required.

### SERVERS:

- We offer Servers to ensure a smooth and stress-free Event at a rate of \$35.00 cash per person per hour. There is a minimum of three hours per person. **\*Call to inquire about availability\***

**\*\*Menu prices are subject to change due to the volatility of the market place\*\***